



People.Health.Care.

SwellSpots[®]




Therapeutic foam pads for tough edema and fibrosis.



SwellSpots®

Small pads that offer big relief!

SwellSpots® are reusable therapeutic foam pads to incorporate into multi-layer bandaging or garments to provide focal compression to help soften troublesome areas of edema and fibrosis.

-  Off-the-Shelf or Custom
-  Day or Night
-  High or Low Activity



Proven foam technology supports improved patient outcomes.

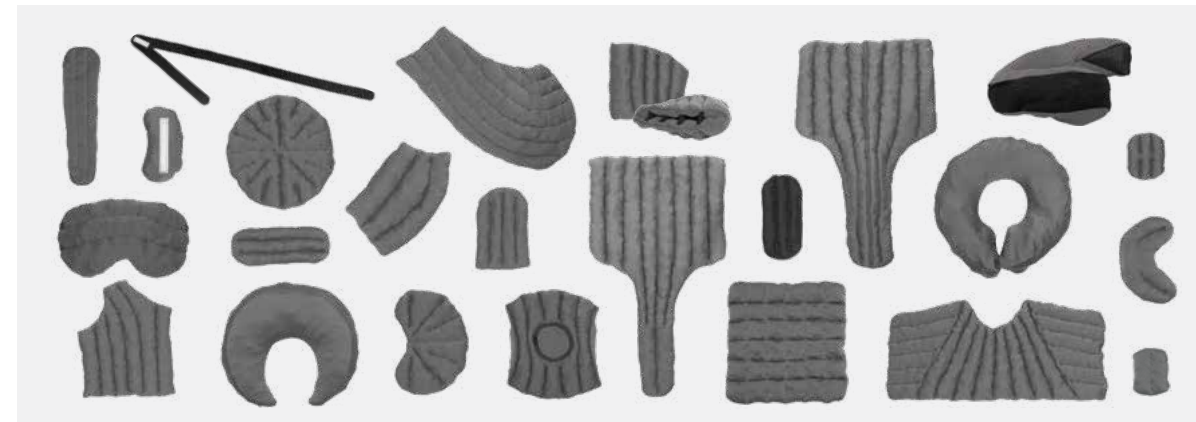
- Helps break up and soften hardened or fibrotic tissue/skin
- Supports limb volume reduction
- Creates multi-point profiles to help open initial lymphatics and encourage re-absorption
- Fill concavities
- Pad bony prominences



“My patients find SwellSpots not only make it really easy to break up tough fibrosis and scar tissue, but also help alleviate any pain — making it easier to be compliant with their garments.”

Maureen McBeth, PT, CLT-LANA

Available off-the-shelf styles



Why choose SwellSpots®?

Using these versatile pads will save time spent cutting your own shapes or creating chip foam bags to allow more time for manual lymphatic drainage (MLD), bandaging, and patient education.

Select a pad style and size from our wide range of options, place either side of the pad directly against the skin then apply short stretch bandages over the top, or tuck into a garment. From there, let the pad do the rest.

Whether it's breaking up fibrotic tissue, filling concavities, or padding bony prominences, these small SwellSpots® pads offer you and your patients a big relief!

Slate

- 6-month warranty for off-the-shelf pad styles, 1-year warranty for custom pads
- Blend of polyurethane, polyester, nylon (polyamide), spandex (elastane)
- Easy care in machine washer and dryer



Versatile shapes & sizes

Wide range of off-the-shelf and custom solutions to manage troublesome areas no matter the location.



Channeling

Designed based on MLD principles of directing fluid along lymphatic pathways.



Reusable pads

Durable construction ensures pads retain their shape between washes.



Powered by Coolcore®

Innovative interior fabric with chemical-free Cooling Power which rapidly wicks away sweat and moisture to regulate body temperature.

SwellSpots®

Versatile pads for every presentation.

Our wide range of off-the-shelf shapes and sizes can be used for various parts of the body. However, SwellSpots pads are extremely versatile, and can be used anywhere on the body with any type of compression (e.g., bandaging, garments, wraps, compression bra, compression shorts) over top.



Don't see the shape or size you need?

Contact our Custom Design Center to design a custom SwellSpots pad to meet your patient's unique needs.

Available Monday–Friday, 7:00AM–7:00PM Central

☎ 414-892-5158

✉ CustomDesignCenter@us.LRmed.com

📺 Video conference

SwellSpots® Edema and fibrosis pads

sold individually

Style	Size (cm)	Item Code	REF
Breast Pad	35 x 10 (A–B cup*)	SP-09-S	104541
	43.5 x 14 (C–D cup*)	SP-09-M	104540
	49 x 17 (D–DD cup*)	SP-09-L	104539
Carpal Hand Pad	4.5 x 7	SP-07	104537
Circular Pad	18	SP-06-S	104536
	22	SP-06-L	104535
Crescent Pad <i>inside diameter / outside perimeter / overall height</i>	9 / 51 / 6.5 [†]	SP-13-S	104547
	11 / 61 / 6.5 [†]	SP-13-M	104546
	12 / 71 / 6.5 [†]	SP-13-L	104545
Curved Pad	5 x 13	SP-01	104527
Dorsal Pad	10 x 14	SP-02-S	104529
	10 x 19	SP-02-L	104528
Female Genital Pad	7 x 15	SP-19	104560
Full Bra Pad	19 x 21 (A–B cup*)	SP-16-B-S	104554
	21 x 25 (B–C cup*)	SP-16-B-M	104555
	24 x 29 (C–D cup*)	SP-16-B-L	104556
Head-Neck Pad	16.5 x 7.5	SP-12	104544
Kidney Pad	14 x 24	SP-08	104538
Knee-elbow Shaper Pad	35–65 [‡]	SP-17	104557

*Cup sizes are approximate

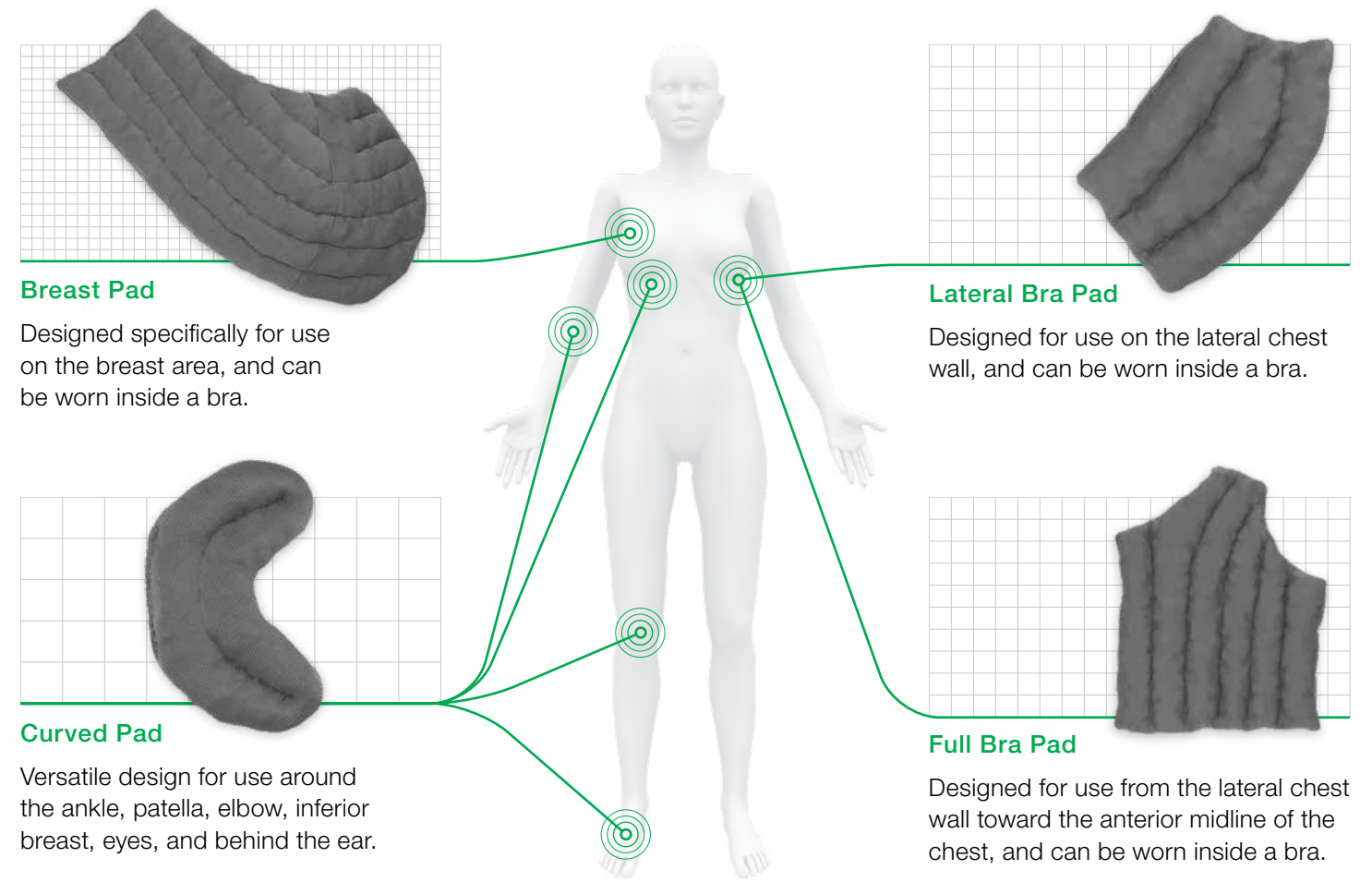
[‡]Knee or elbow circumference range Pad can accommodate

[†]Dimensions shown are inside diameter / outside perimeter / overall height

[§]MTP circumference Pad can accommodate

Style	Size (cm)	Item Code	REF
Labia Pad	33 x 53	SP-15-F	104551
Lateral Bra Pad	10 x 16	SP-16-A	104553
Oval Pad	8 x 19	SP-04	104532
Palmar Pad	7 x 8	SP-03-S	104531
	8 x 9	SP-03-L	104530
Rectangular-tapered Pad	11 x 36	SP-05-S	104534
	18 x 42	SP-05-L	104533
Ring Pad - Velcro	9 / 60 / 6.5 [†]	SP-18-A	104558
		Ring Pad	SP-18-B
Scrotum Pad	34 x 53	SP-15-M	104552
Thora-Thigh Pad	52 x 22	SP-11	104543
Tic-Tac Pad	20 x 20	SP-20-S	104563
	30 x 30	SP-20-M	104562
	40 x 40	SP-20-L	104561
Toe Pad <i>Size indicates MTP circumference</i>	22 [§]	SP-14-S	104550
	25 [§]	SP-14-M	104549
	32 [§]	SP-14-L	104548
Versi-Face Pad	29 x 16	SP-10	104542

All measurements in centimeters (cm).



Breast Pad

Designed specifically for use on the breast area, and can be worn inside a bra.

Lateral Bra Pad

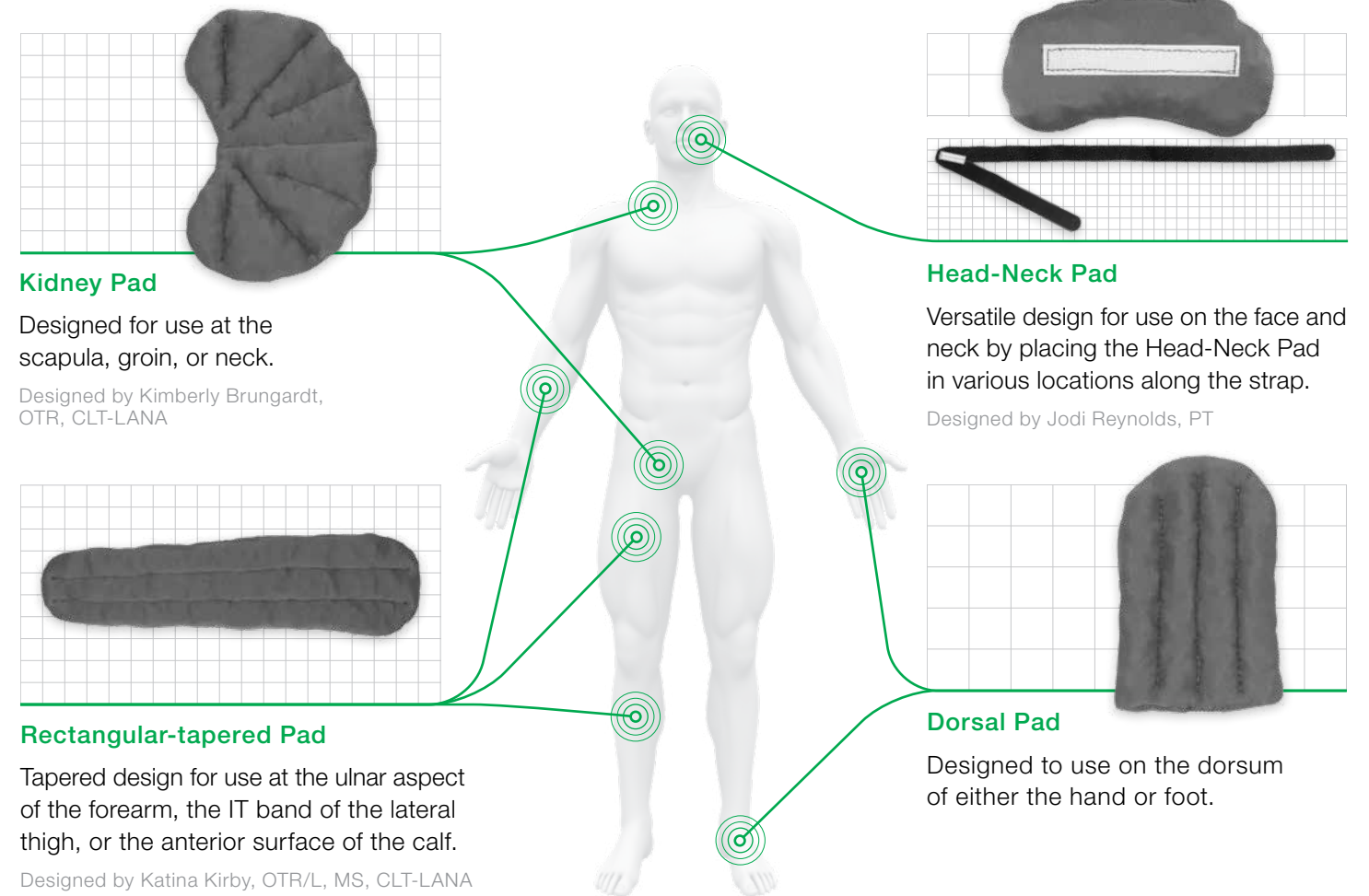
Designed for use on the lateral chest wall, and can be worn inside a bra.

Curved Pad

Versatile design for use around the ankle, patella, elbow, inferior breast, eyes, and behind the ear.

Full Bra Pad

Designed for use from the lateral chest wall toward the anterior midline of the chest, and can be worn inside a bra.



Kidney Pad

Designed for use at the scapula, groin, or neck.

Designed by Kimberly Brungardt, OTR, CLT-LANA

Head-Neck Pad

Versatile design for use on the face and neck by placing the Head-Neck Pad in various locations along the strap.

Designed by Jodi Reynolds, PT

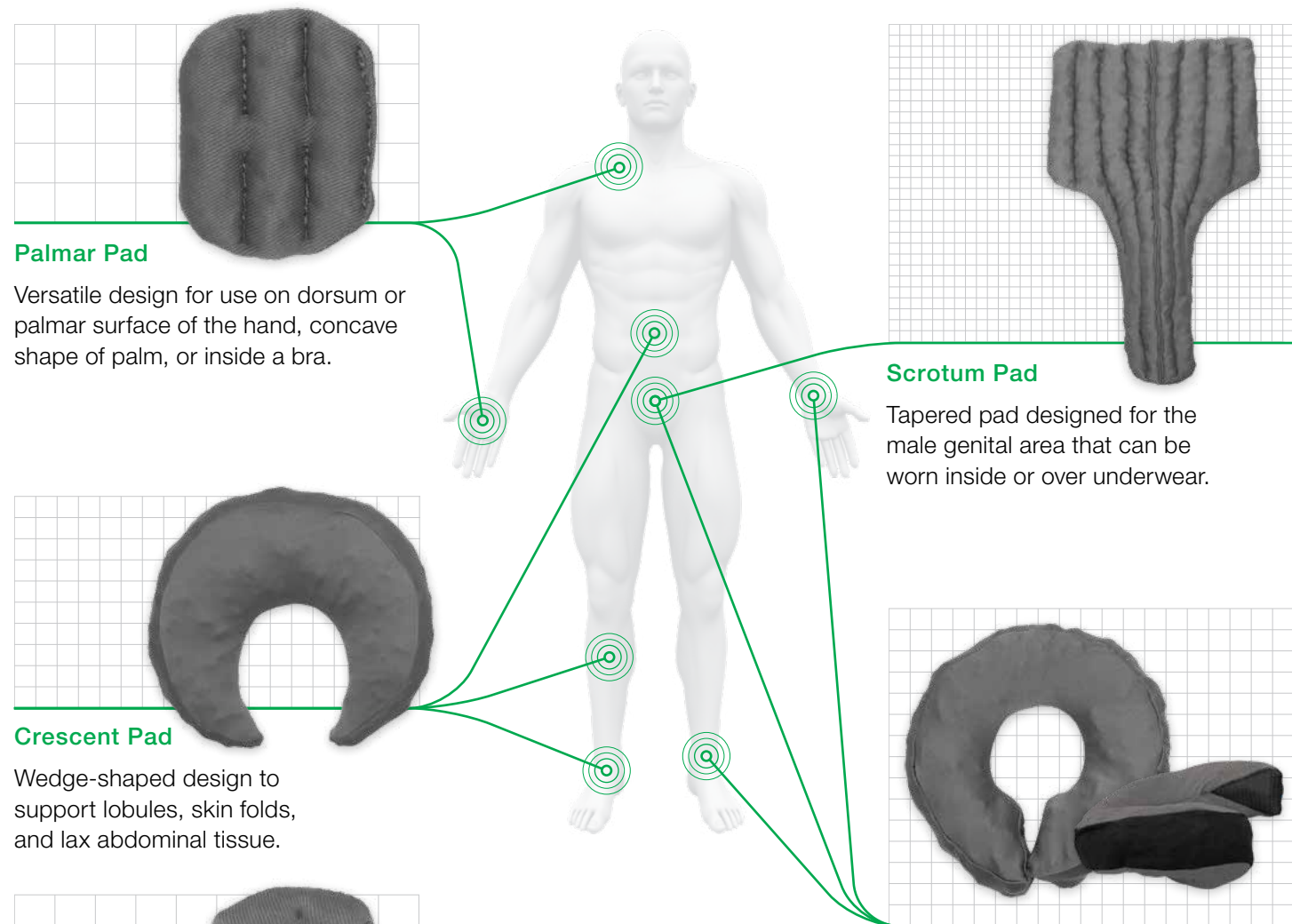
Rectangular-tapered Pad

Tapered design for use at the ulnar aspect of the forearm, the IT band of the lateral thigh, or the anterior surface of the calf.

Designed by Katina Kirby, OTR/L, MS, CLT-LANA

Dorsal Pad

Designed to use on the dorsum of either the hand or foot.

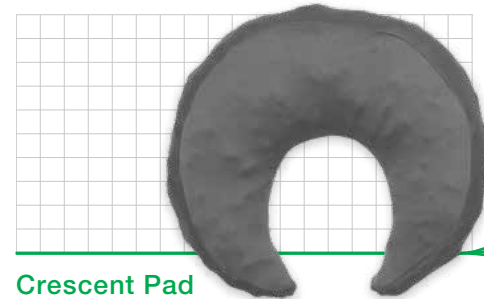


Palmar Pad

Versatile design for use on dorsum or palmar surface of the hand, concave shape of palm, or inside a bra.

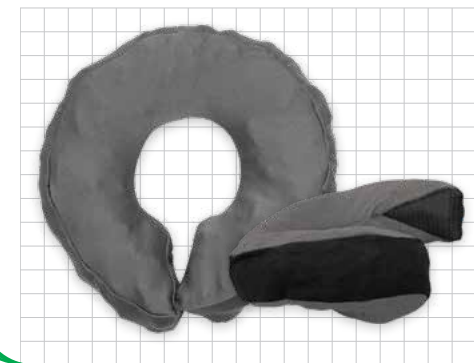
Scrotum Pad

Tapered pad designed for the male genital area that can be worn inside or over underwear.



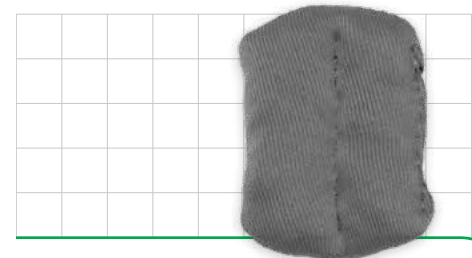
Crescent Pad

Wedge-shaped design to support lobules, skin folds, and lax abdominal tissue.



Ring Pad

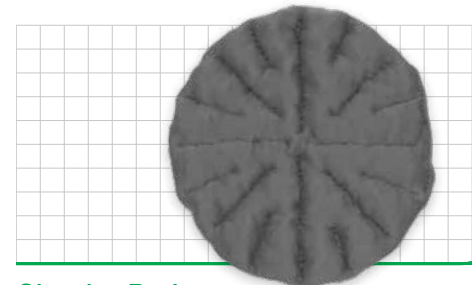
Versatile design to fill crevices or lift lobules at the ankle, wrist, or abdominal pannuses. *(Available with or without a VELCRO® brand hook closure.)*



Carpal Hand Pad

Designed to use at the thenar web space.

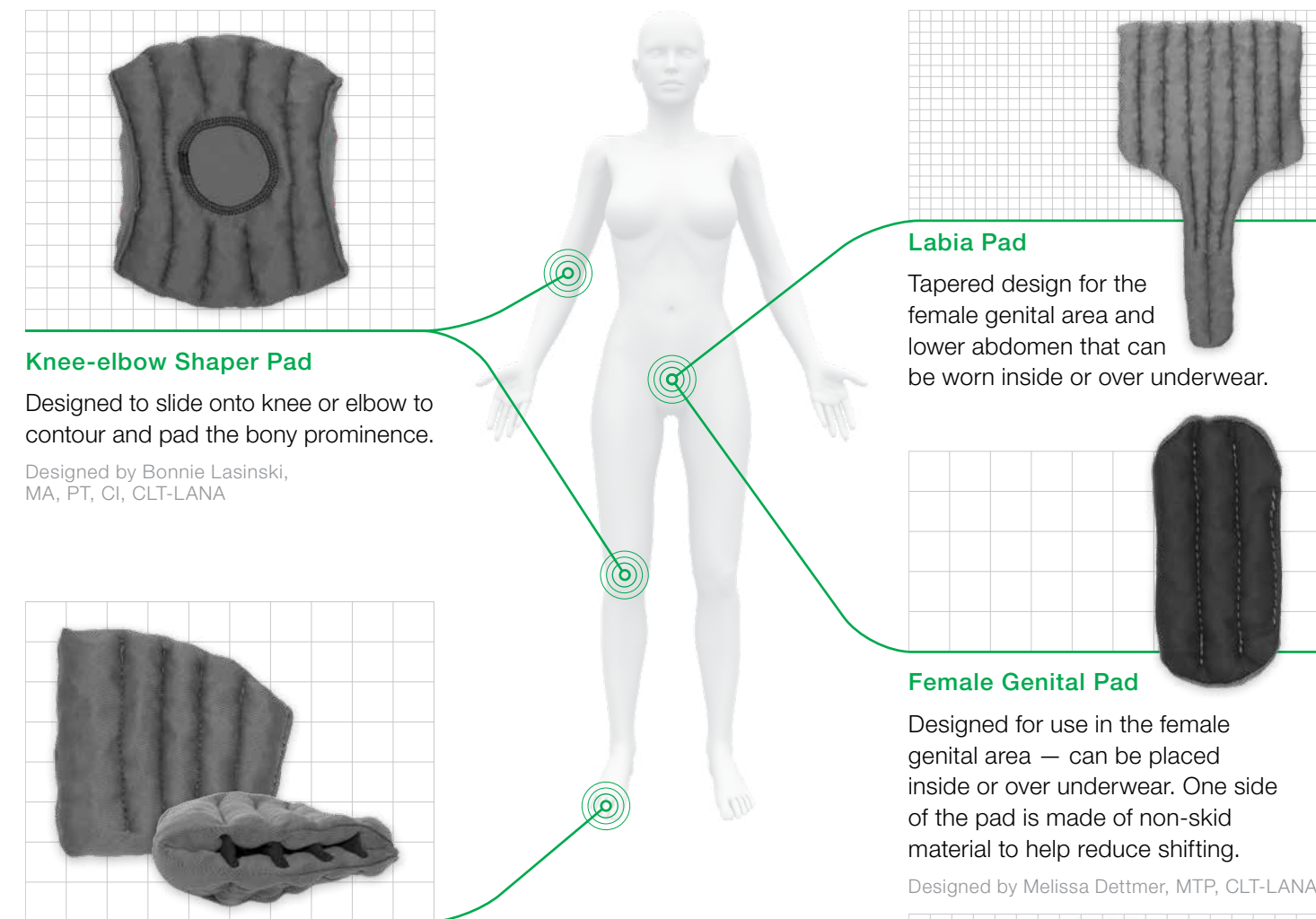
Designed by Joanne Pickett, OTR and Judy Warnke, OTR



Circular Pad

Versatile design for use on the chest wall, hip, anterior knee, posterior knee, and abdomen.

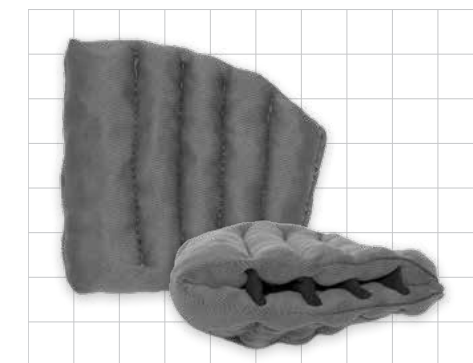
Designed by Maria Sobol, PT, CLT-LANA



Knee-elbow Shaper Pad

Designed to slide onto knee or elbow to contour and pad the bony prominence.

Designed by Bonnie Lasinski, MA, PT, CI, CLT-LANA



Labia Pad

Tapered design for the female genital area and lower abdomen that can be worn inside or over underwear.



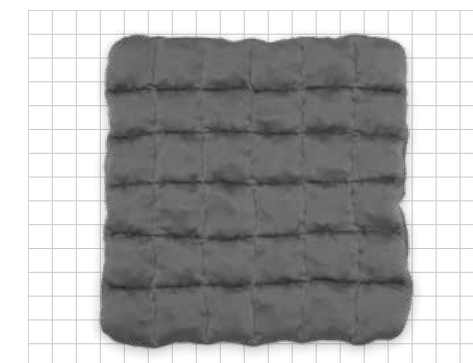
Female Genital Pad

Designed for use in the female genital area — can be placed inside or over underwear. One side of the pad is made of non-skid material to help reduce shifting.

Designed by Melissa Dettmer, MTP, CLT-LANA

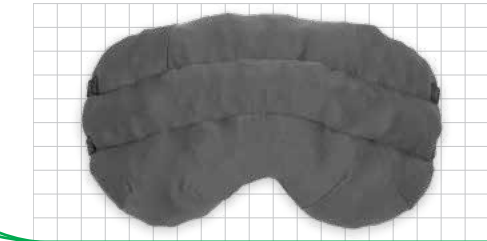
Toe Pad

Unique digit spacers pad designed for comfort and separation of individual toes.



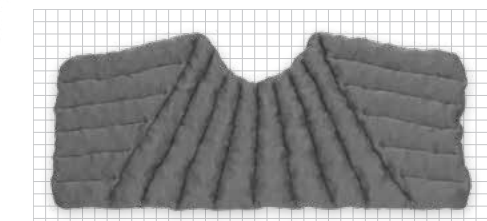
Tic-Tac Pad

Versatile design to address larger areas of edema and fibrosis, such as the back, abdomen, or thigh.



Versi-Face Pad

Versatile design for use around the eyes, vertically along the mandible, or under the chin.



Thora-Thigh Pad

Versatile design for use at the chest, groin, medial thigh, and ankle.



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How to Order

1 Select a style

Available in a wide range of versatile off-the-shelf shapes and sizes that can be used for various parts of the body, or work with our Custom Design Center to design a custom pad for your patient.

2 Order

Available through your preferred garment supplier:

- Local DME
- National provider
- Online distributor

 www.lohmann-rauscher.us/where-to-buy

Dealers can purchase direct from L&R USA via phone, fax, or online store.



L&R USA INC. · 3880 W Wheelhouse Road, Milwaukee, WI 53208 USA · 855-892-4140 · Fax: 414-892-4150 · inquiries@us.LRmed.com
Custom Design Center · Monday–Friday, 7:00AM–7:00PM Central · CustomDesignCenter@us.LRmed.com · 1-414-892-5158

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