



People.Health.Care.

ExoStrong™

Off-the-shelf flat knit compression garments.



ExoStrong™

Affordable alternative to custom garments.

ExoStrong™ is a full line of off-the-shelf flat knit gradient compression garments for the maintenance of lymphedema or edema during the day or periods of high activity.

For lymphedema patients, flat knit garments are one of the primary self-care options. Where circular knit migrates into the skin folds, flat knit helps shape the limb and provides the high containment needed to maintain reductions made in therapy.

ExoStrong is a fraction of the price of custom flat knits — allowing patients to choose the right daytime garment at an affordable price.

[Explore the other great benefits of ExoStrong ▶](#)



Made in the USA

High-quality flat knit manufactured at our headquarters in Milwaukee, Wisconsin.



Ships quickly

Orders placed before 5 PM Central ship same day.



“ExoStrong is a great option for my patients that fit into standard sizes because it provides them with the containment and comfort of flat-knit at an affordable price compared to custom made.”

Karen Bock, PT, CWS, CLT-LANA



Off-the-Shelf

Full line of garments at 1/3 the cost of custom.

up to
60% savings
compared to
custom flat knit



Supports mobility

High containment garment in a comfortable and functional design.



Quick and easy fitting

Only 2–5 measurements needed to select size for each style.



Easy garment care

Machine washable and dryable to maintain fit for the life of the garment.



Service guarantee

Guaranteed to be free of material and manufacturing defects for the six-month life of the garment.



ExoStrong™

170 styles. All in stock.



No
Seams
Gauntlet
& Glove



ExoStrong™ Gauntlet

sold individually

Compression	± 20–30 mmHg	
Color	BEIGE BLACK	
Size	Circumference	
	B°	C°
Small	17–19	15–17
Medium	19–21	17–19
Large	22–24	20–22
X-Large	25–27	23–25

ExoStrong™ Glove

sold individually

Compression	± 20–30 mmHg	
Color	BEIGE BLACK	
Finger length	☞ QUARTER HALF FULL	
Size	Circumference	
	B°	C°
Small	17–19	15–17
Medium	19–21	17–19
Large	22–24	20–22
X-Large	25–27	23–25

ExoStrong™ Arm Sleeve

sold individually

Compression	± 20–30 mmHg			
Color	BEIGE BLACK			
Length	↓ SHORT AVERAGE TALL			
Top style	KNIT TOP ■■■ SILICONE TOP			
Size	Circumference			Length CG ^L
	C°	E°	G°	
Short				
Small	15–17	24–27	27–30	up to 43
Medium	17–19	27–31	31–35	
Large	20–22	31–35	35–40	
X-Large	23–25	36–41	40–45	
Average (Regular)				
Small	15–17	24–27	27–30	up to 46
Medium	17–19	27–31	31–35	
Large	20–22	31–35	35–40	
X-Large	23–25	36–41	40–45	
Tall (Long)				
Small	15–17	24–27	27–30	up to 49
Medium	17–19	27–31	31–35	
Large	20–22	31–35	35–40	
X-Large	23–25	36–41	40–45	



ExoStrong™ Below Knee

sold individually

Compression	±↑ 20–30 mmHg
Color	<input type="radio"/> BEIGE <input type="radio"/> BLACK
Length	↓ SHORT AVERAGE TALL
Top style	KNIT TOP ▒ SILICONE TOP
Toe style	○ OPEN TOE

Size	Circumference		Length	
	B ^c	C ^c	AY ^L	YD ^L
Short				
Small	18–20	27–36	up to 17	up to 38
Medium	20–24	29–39		
Large	24–28	32–43		
X-Large	28–31	33–45		
XX-Large	32–34	37–50		
Average (Regular)				
Small	18–20	27–36	up to 19	up to 41
Medium	20–24	29–39		
Large	24–28	32–43		
X-Large	28–31	33–45		
XX-Large	32–34	37–50		
Tall (Long)				
Small	18–20	27–36	up to 22	up to 44
Medium	20–24	29–39		
Large	24–28	32–43		
X-Large	28–31	33–45		
XX-Large	32–34	37–50		

ExoStrong™ Thigh High

sold individually

Compression	±↑ 20–30 mmHg
Color	<input type="radio"/> BEIGE <input type="radio"/> BLACK
Length	↓ SHORT AVERAGE TALL
Top style	▒ SILICONE TOP
Toe style	○ OPEN TOE

Size	Circumference			Length	
	B ^c	C ^c	G ^c	AY ^L	YG ^L
Short					
Small	18–20	27–36	41–55	up to 17	up to 71
Medium	20–24	29–39	45–61		
Large	24–28	32–43	50–66		
X-Large	28–31	33–45	56–71		
XX-Large	32–34	37–50	66–81		
Average (Regular)					
Small	18–20	27–36	41–55	up to 19	up to 74
Medium	20–24	29–39	45–61		
Large	24–28	32–43	50–66		
X-Large	28–31	33–45	56–71		
XX-Large	32–34	37–50	66–81		
Tall (Long)					
Small	18–20	27–36	41–55	up to 22	up to 77
Medium	20–24	29–39	45–61		
Large	24–28	32–43	50–66		
X-Large	28–31	33–45	56–71		
XX-Large	32–34	37–50	66–81		



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Indications

- Mild to severe lymphedema
- Edema

Intended Uses

- Helps maintain reduced volume and shape by supporting extremities
- Management of mild to severe lymphedema
- Management of mild to severe edema (non-blood related)

Contraindications

- Arterial insufficiency/degeneration or ABPI < 0.8
- Moderate to severe peripheral arterial disease
- Untreated congestive heart failure
- Untreated/systemic infection (i.e. cellulitis)
- Allergies or sensitivities to materials

Precautions

- Impaired sensation (peripheral neuropathy)
- Cognitive impairment

Care Instructions

Washing

- Machine wash warm on permanent press
- Do not use bleach
- Do not dry clean

Drying

- Tumble dry low
- Do not iron



Material Content

Nylon (polyamide), lyocell, spandex (elastane), silicone*
*ExoStrong garments with Silicone Top only.

Not made with natural rubber latex.

How to Order

1 Select a style

Wide range of garments available for both upper and lower extremity.

2 Measure

Only 2–5 measurements needed per style.

3 Order

Available through your preferred garment supplier:

- Local DME
- National provider
- Online distributor

www.lohmann-rauscher.us/where-to-buy

Dealers can purchase direct from L&R USA via phone, fax, or online store.



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